

Donguibogam Academy 2019 Summer School in KOREA

Korean Medicine (KM): An Innovative Variation of East Asian Medicine

Donguibogam Academy is an international outreach and educational program funded by the Ministry of Health and Welfare, South Korea. This year, we are offering a two-week Korean Medicine (KM) study-abroad summer program that will include: 1) special lectures from professors and KM doctors; 2) hands-on workshops in acupuncture and herbal medicine; 3) field trips to top universities, hospitals, KM institutions, and local clinics, and opportunities to see a variety of patients and KM treatment programs first-hand. Discover why KM has been so popular and successful in Korea and learn Korean-style diagnosis methods, clinical application of Korean style acupuncture, and specialized treatment programs. Learn, explore, and make it your own!

Most of the lectures will be provided in English. If needed, a translator will accompany all lectures to provide simultaneous interpretation.

Dates. 08/12/2019 – 08/23/2019 (12 days)

Deadline. 07/31/2019

Eligibility. Active AOM students or allied health professionals with AOM license/ degree. Limited seats available. (Accepting only 20 participants for optimal learning experience.)

Tuition Fee. Early bird registration: \$1800 USD (until 6/30/2019)
Late registration: \$2000 USD (until 7/31/2019)

* Includes: Meals and accommodations for 2 weeks, tuition fees, study materials, transportation costs for field trips, and Certificate of Completion

* Excludes: Fare, personal expenses, room upgrades, and any other costs unrelated to the program.

Application. Contact below for application or any questions regarding the program.

Robert Lee 917-353-0953 dahnaacupuncture@gmail.com

Kathy Lee 718-772-1719 seungminnie@gmail.com

FIRST WEEK

Sunday	Mon, Aug 12th	Tues, Aug 13th	Wed, Aug 14th	Thurs, Aug 15th	Fri, Aug 16th	Sat, Aug 17th
Students may choose to come directly to Busan Univ or choose to meet up at Seoul station in the morning of Aug 12th and come with a guide. The train fee from Seoul to Busan will not be included in the tuition fee.	08:00-09:00 Breakfast	05:00-06:00 Breakfast	08:00-08:45 Breakfast	08:00-08:45 Breakfast	07:00-07:45 Breakfast	07:00-07:45 Breakfast
	09:30-12:30 Seoul → Busan via KTX	07:00-11:50 Lecture by: Prof. Jaegyu Kim Taegeuk Acu + workshop	09:00-11:50 Lecture by: Prof. Sangjae Lee KM Herbal Tea Therapy	09:00-11:50 Lecture by: Dr. Hwajin Lee Qigong for patients	08:00-11:50 Busan → Daejun via Bus	09:00-11:50 Free time,
	12:00-13:00 Lunch	12:00-13:00 Lunch	12:00-13:50 Lunch	12:00-13:50 Lunch	12:00-12:50 Lunch	12:00-13:50 Lunch
	13:00-18:00 Opening Ceremony by: Prof. Byungmook Lim What is KM? Campus & Hospital Tour	13:00-18:00 Workshop : Make your own KM herbal medicine	14:00-18:00 Lecture by: Dr. Seungmin Lee Saam Acu + workshop	14:00-18:00 Busan Tour, Excursion to Haeundae Beach	13:00-15:00 Tour of Korea Institute of Oriental Medicine 15:00-18:00 Daejun → Seoul via Bus Hotel check-in	14:00-16:00 Temple Stay Program (Temple Tour, Temple Etiquette, Temple Tea Ceremony)
	18:00-19:00 Dinner	18:00-19:00 Dinner	18:00-19:00 Dinner	18:00-19:00 Dinner	18:00-19:00 Dinner	18:00-19:00 Dinner
	19:00-22:00 Welcome Party & networking	19:00-22:00 Rest	19:00-22:00 Rest	19:00-22:00 Rest	19:00-22:00 Rest	Temple Meditation

SECOND WEEK

Sun, Aug 18th	Mon, Aug 19th	Tues, Aug 20th	Wed, Aug 21st	Thurs, Aug 22nd	Fri, Aug 23rd	Saturday
06:00-08:00 Breakfast	08:00-08:45 Breakfast	08:00-08:45 Breakfast	08:00-08:45 Breakfast	08:00-08:45 Breakfast	08:00-08:45 Breakfast	Please note that the schedule may be subject to minor changes according to weather, holidays, availability of volunteers and other unforeseeable reasons.
08:30-10:00 Temple Stay Program (Temple Meditation, Yebul, 108 Bows)	09:00-11:50 KHU Lecture by: Prof. Hyangsook Lee Science-based approach to KM Acu	09:00-11:50 KHU(Gangdong) Lecture by: Prof. Jongwoo Kim Mental Illness KM Treatment Program	09:00-11:50 Jaseng Korean Medicine Hospital Lecture by: Dr. Haneul Kim Musculoskeletal pain	09:00-11:50 Osungdang Clinic Lecture by: Dr. Hyunsam Lee Structure Acu. Sports Med.	09:00-11:50 Lecture by: Dr. Junghwa Song Facial Cosmetic Acu. + workshop	
12:00-13:00 Lunch	12:00-13:00 Lunch	12:00-13:00 Lunch	12:00-13:00 Lunch	12:00-13:00 Lunch	12:00-13:00 Lunch	
13:00-22:00 Seoul Tour Royal Palace, Bukchon village, and more	13:00-17:00 KHU Hospital Lecture by: Prof. Sanghoon Lee, Bell's palsy Prof. Dongwoo Nam, Thread-embedding Acu.	13:00-17:00 KHU(Gangdong) Lecture by: Prof. Minwoo Hwang Sasang Constitutional Medicine	13:00-17:00 Conmaul Korean Medicine Hospital Lecture by: Dr. Junyoung Jo ObGyn Treatment	13:00-17:00 Field trip to Korean Local Herbal Medicinal Market + Museum in Jegidong	13:00-17:00 Group Discussion Closing ceremony	
18:00-21:00 Dinner, Free time	18:00-21:00 Dinner, Free time	18:00-21:00 Dinner, Free time	18:00-21:00 Dinner, Free time	18:00-21:00 Dinner, Free time	18:00-19:00	

LECTURERS



Prof. Byungmook Lim is a full-time professor at Pusan National University School of Korean Medicine, Division of Humanities and Social Medicine. He has dedicated his career in studying Preventive Korean Medicine and in developing health policies for the field of Korean Medicine. His leading studies, research work, and active participation in government projects has been integral in helping Korean Medicine gain the current wide-ranging national healthcare coverage.



Prof. Sangjae Lee received his doctorate in Preventive Korean Medicine and is a professor at the Division of Longevity and Biofunctional Medicine, in Pusan National University. Since he was young, he has had a profound interest in Korean herbal teas. He went on to develop his life-long interest into a business called “Tea Therapy”, which has gained huge popularity in Korea and Japan. He is continuing his journey in the exploration and development of herbs and teas in academia and in medicine.



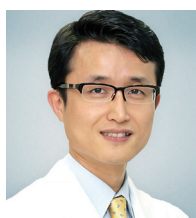
Prof. Jaegyu Kim is a prominent Korean Medicine doctor and Head professor in the Division of Acupuncture and Moxibustion medicine. He graduated summa cum laude from Kyung Hee University and published the nation’s first case series of acupuncture anesthesia. He is one of the nation’s leading acupuncture specialists in Korean style Taeguk Acupuncture with more than 40 years of clinical experience, and has published multiple papers related to it.



Dr. Seungmin Kathy Lee was raised in Portugal, Singapore, Korea, and the US, and studied Korean Medicine in Kyung Hee University, Korea. After receiving her license, she pursued a career in the study of acupuncture, receiving both her doctorate and her specialist license in the Department of Acupuncture and Moxibustion. She developed a particular interest in integrating Korean Medicine into modern healthcare, particularly, understanding Korean-style Saam acupuncture with a neurophysiological twist.



Prof. Hyangsook Lee is a professor at Acupuncture Meridian Science Research Center, Kyung Hee University and the Head of Korean Medicine Convergence Research Information Center. As her titles imply, she is committed to acupuncture and moxibustion research and is currently conducting multiple multi-center trials looking into the scientific evidence, mechanisms of actions, and effectiveness of acupuncture and moxibustion. As a voracious reader and prolific writer, her lectures are popular among students for providing insight into acupuncture using the most up to date scientific evidences.



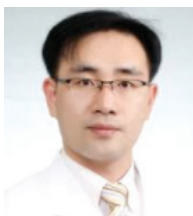
Prof. Sanghoon Lee is a professor at the Department of Acupuncture & Moxibustion Medicine, in Kyung Hee University. He completed his internship, residency, fellowship in the field of acupuncture, and also worked at The Johns Hopkins CAM Center and Cancer Center as a clinical research fellow and instructor. Dr. Lee is the Director of the International Education Institute of Korean Medicine and teaches students from all over the world. He specializes in the treatment of bell’s palsy, facial paralysis, and xautonomic nervous disorder.



Prof. Dongwoo Nam is a professor at the Department of Acupuncture & Moxibustion Medicine, in Kyung Hee University. He specializes in the treatment of musculoskeletal pain, joint disorders, and general pain using acupuncture, moxibustion, bee venom acupuncture, and thread-embedding therapy. He also uses a unique manipulation method called Space Spine Manipulation which is popularly used for rehabilitation treatment and for improving structural problems in the spine.



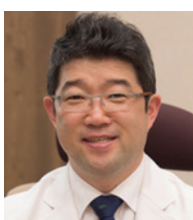
Prof. Jongwoo Kim is a professor at the Department of Neuropsychiatry in Kyung Hee University. He is the author of several best-selling books that focus on using Korean Medicine mind-body treatment methods for releasing every day stress. He is also the leading authority in ‘hwabyung’, a Korean somatization disorder and has more than 25 years of clinical experience in treating depression, panic disorder, insomnia, PTSD, and other stress related disorders. In his free time, he enjoys mountain trekking, and frequently provides community lectures on using trekking methods to destress from everyday life.



Prof. Minwoo Hwang is a professor at the Department of Sasang Constitutional Medicine in Kyung Hee University. Sasang Constitutional Medicine is a unique branch of Korean Medicine that emphasizes prevention of illness by differentiating patients into four different types of constitutions. The development of a disease, management of, and treatment of the disease are tailored to each constitution type and having a basic understanding can help physicians broaden their realm of treatment. He specializes in the treatment of immune disorders, hypersensitivity, chronic disorders, and edema.



Dr. Jeonghwa Song is the President of Facial Acupuncture for Charm and Elegance(FACE) Korea and an adjunct professor at Kyung Hee University. In 1999, Dr. Junghwa Song developed facial cosmetic and rejuvenation acupuncture which became an instant hit, consequently opening a new field of Korean Medicine for beauty and skin care. Her lecture and workshops are always popular with students as she teaches how to utilize facial cosmetic acupuncture by improving muscle tone and dermal contradiction.



Dr. Hyunsam Lee is the Vice president of the Society of Sports Korean Medicine and is a fourth generation Korean Medicine Doctor. He treats patients in his private clinic, Osungdang, which was first opened by his great grandfather in 1812 and in his clinic, he specializes in treating sports injury with Korean Medicine. He worked as a team doctor for many national sports teams and worked as an on-site Korean Medicine physician for the Pyeongchang Winter Olympics.



Dr. Junyoung Jo is a Korean Medicine Doctor with a board licensed specialist degree and PhD in KM Obstetrics and Gynecology. He works at Conmaul Korean Medicine Hospital, one of the first Korean Medicine hospitals to specialize treatment in infertility, women’s diseases, menopause, menstruation related illnesses, and pre/post natal care. Apart from his clinical work, he is an active lecturer and a prolific researcher, publishing many SCI level papers on integrative treatment for women’s diseases.



Dr. Haneul Kim is the director of the International Clinic at Jaseng Korean Medicine Hospital, one of the leading integrative medicine hospitals for noninvasive spine treatment. He is a PhD and a board licensed specialist in Korean Medicine Rehabilitation, and focuses his skills on nonsurgical treatment of musculoskeletal pain. He also actively participates in providing medical services abroad and is an International relations doctor for KOICA (Korea International Cooperation Agency).



Dr. Hwajin Lee graduated from School of Dance and went on to get her doctorate in Korean Medicine. Since then, she has integrated dance movements with Korean Medicine and qigong, to help patients utilize healing body movements to improve symptoms and their overall quality of life. She has been teaching patients in Kyung Hee University Korean Medicine Hospital for more than ten years and has developed specialized qigong dance treatment programs for patients with gastrointestinal disorders, musculoskeletal pain, stroke, and facial palsy.

2018 Summer School Week 1

Where we Visited

- Pusan National University School of Korean Medicine
- Pusan National University Korean Medicine Hospital
- Korea Institute of Oriental Medicine.



What we Learned

- Introduction to KM
- Lecture on Korean Acupuncture (Saam Acupuncture)
- Make your own KM herbal medicine
- KM Herbal Tea Therapy
- KM diagnosis & workshop
- Qigong



What we Did

Meet students from Pusan National University School of Korean Medicine / Pusan Bus Tour / Excursion to Haeundae Beach & Night Party.



What we Ate

A wide variety of authentic Korean cuisine from temple food, K-style pork bbq, palace-style beef hot pot, sea-side buffet / A wide variety of traditional and modernized Korean cuisine from traditional Ginseng Chicken Soup / Chicken Hot Noodles + Congee Dish / Korean-style Pizza, and of course Bibimbap!



2018 Summer School Week 2

Where we Visited

Kyung Hee University Korean Medicine Hospital / Jaseng Korean Medicine Hospital / Conmaul Hospital of Oriental Medicine / Osungdang Korean Medicine Clinic / Kyung Hee Hyojun Korean Medicine Clinic / Korean Local Herbal Medicinal Market and Museum / Bongseunsa Temple Stay / Seoul Royal Palaces / Insadong Traditional Village / Tea Therapy.



What we Learned

Integrative Treatment of Stroke and Bell's palsy / Nonsurgical Treatment of Musculoskeletal diseases / KM Mental Health Treatment / Sasang Constitutional Medicine / Science-based approach to KM Acupuncture / Structure Acupuncture & Sports Medicine / Facial Cosmetic Acupuncture.



What we Did

Temple Stay (Temple meditation, Yebul, 108 bows) / Tour Royal Palaces in Traditional Korean Hanbok / Dress up in Traditional Korean Medicine Doctor's Gowns / Shopping Spree.



"I was able to gain a lot of knowledge and build upon my current knowledge to better understand Eastern Medicine both clinically and theoretically. This program is priceless. I would definitely participate again and highly recommend to all my colleagues."

"I went into the program not knowing much about Korean Medicine, but the two-week program provided such an insightful and educational experience through high-quality seminars and lectures given by the best professors and instructors who were distinguished experts in their specific fields."

"It was fascinating to see how well they integrated their traditional medicine and western medicine to treat patients in the hospital... It is worth it to just see how different Korean Medicine is from what we learn in Acupuncture / TCM school. Korean Medicine is a great blend between so many treatment practices."

